

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Activity Info Line: Dial 4100 For Weather, birthdays, trivia & updates. Please remember to call the "65-I'm OK Check" by each 10AM each morning.</p>	<p>10:00 Exercise 1 10:00 Shopping to Cub- Must sign up 10:30 Pokeno 1:30 Bean Bag Toss *2:30 Creative Coloring 2:30 Drama Club *6:00 Downton Abbey- 4th FL RED, WHITE & BLUE Week!</p>	<p>2 10:00 Exercise 10:00-11:00 Nailcare- Sign up *10:30 Coffee & Conversation 1:30 Bingo 2:45 Patriotic Parade</p> 	<p>3 10:00 Powerback Exercise *10:30 Coffee & Conversation 10:30 Communion- 4th FL 1:30 Social Hour with Resident Spotlight *6:00 Apples to Apples- 3rd FL</p>	<p>4 *10:30 Coffee & Conversation  *Movies will be shown in the main lobby throughout the day</p>	<p>5 10:00 Exercise *10:30 Coffee & Conversation 1:30 Bingo 2:45 Civil Rights Video: "How It Feels to Be Free" -4th FL</p>	<p>6 *10:30 Coffee & Conversation *1:00 Hand & Foot Cards- 3rd FL *2:00 Creative Coloring 2:00 Beach Boys Documentary Video Activity Packets Available</p>
<p>7 *10:30 Coffee Conversation 12:00 TV Catholic, CH 24 1:00 TV Church, CH 24 *1:30 Craft & Chat *6:00 Yahtzee</p> 	<p>8 10:00 Exercise 10:00 Shopping to Cub- Must sign up 10:30 Pokeno 1:30 Bean Bag Toss *2:30 Creative Coloring *6:00 Downton Abbey- 4th FL Blueberry Day Wear some BLUE</p> 	<p>9 10:00 Exercise 10:00-11:00 Nailcare- Sign up *10:30 Coffee & Conversation 1:30 Bingo 2:30 Culinary Meeting</p> 	<p>10 10:00 Powerback Exercise *10:30 Coffee & Conversation 10:30 Communion- 4th FL 1:30 Social Hour with State Plate Trivia  2:30 Bible Study *6:00 Apples to Apples- 3rd FL</p>	<p>11 10:00 Exercise *10:30 Coffee & Conversation 1:00 Ambassador Meeting 1:30 Scattergories 2:45 Hymn Sing 6:00 Hand & Foot Cards- 3rd</p> 	<p>12 10:00 Exercise *10:30 Coffee & Conversation 1:30 Bingo</p>	<p>13 *10:30 Coffee & Conversation *1:00 Hand & Foot Cards- 3rd FL *2:00 Creative Coloring Activity Packets Available</p>
<p>14 *10:30 Coffee Conversation 12:00 TV Catholic, CH 24 1:00 TV Church, CH 24 *1:30 Craft & Chat *6:00 Yahtzee</p>	<p>15 10:00 Exercise 10:00 Shopping to Cub- Must sign up 10:30 Pokeno 1:30 Bowling *2:30 Creative Coloring 2:30 Drama Club *6:00 Downton Abbey- 4th FL</p>	<p>16 10:00 Exercise 10:00-11:00 Nailcare- Sign up *10:30 Coffee & Conversation 1:30 Bingo 2:30 Bingo Bucks Auction 7:00 MLB All Star Game</p> 	<p>17 10:00 Powerback Exercise *10:30 Coffee & Conversation 10:30 Communion- 4th FL 1:30 Social Hour with Jeopardy Game 2:30 Bible Study *6:00 Apples to Apples- 3rd FL</p> 	<p>18 10:00 Exercise 10:30 Resident Meeting 1:30 Birthday Party Entertainment by James Shaw *6:00 Hand & Foot Cards- 3rd</p> 	<p>19 9:30 Bingo in the Park- Must sign up 10:00 Exercise *10:30 Coffee & Conversation 1:30 Bingo 2:30 Bingo Bucks Auction 3:00 Book Club- 3rd FL Cookie Day!</p> 	<p>20 *10:30 Coffee & Conversation *1:00 Hand & Foot Cards- 3rd FL *2:00 Creative Coloring Activity Packets Available</p>
<p>21 *10:30 Coffee Conversation 12:00 TV Catholic, CH 24 1:00 TV Church, CH 24 *1:30 Craft & Chat *6:00 Yahtzee</p>	<p>22 10:00 Exercise 10:00 Shopping to Cub- Must sign up 10:30 Pokeno 1:30 Bean Bag Toss *2:30 Creative Coloring 2:30 Drama Club *6:00 Downton Abbey- 4th FL</p>	<p>23 10:00 Exercise 10:00-11:00 Nailcare- Sign up *10:30 Coffee & Conversation 12:00 Picnic on the Patio- Must sign up 1:30 Bingo</p> 	<p>24 10:00 Powerback Exercise *10:30 Coffee & Conversation 10:30 Communion- 4th FL 1:30-3:30 Primary Election Absentee Voting  1:30 "Drive Thru" Snack Bar 2:30 Bible Study- 3rd FL *6:00 Apples to Apples- 3rd FL</p>	<p>25 10:00 Exercise 10:30 Coffee Talk: Presented by Powerback Rehab 1:30 Celebration of Life & Butterfly Release 2:45 Church Service 6:00 Hand & Foot Cards- 3rd</p> 	<p>26 10:00 Exercise *10:30 Coffee & Conversation 1:30 Bingo  Opening Ceremonies of the Summer Olympics</p>	<p>27 *10:30 Coffee & Conversation *1:00 Hand & Foot Cards- 3rd FL *2:00 Creative Coloring Activity Packets Available</p>
<p>28 *10:30 Coffee Conversation 12:00 TV Catholic, CH 24 1:00 TV Church, CH 24 *1:30 Craft & Chat *6:00 Yahtzee</p>	<p>29 10:00 Exercise 10:00 Shopping to Cub- Must sign up 10:30 Pokeno 1:30 Bowling 2:30 Vet to Vet Cafe *6:00 Downton Abbey- 4th FL International Tiger Day Wear Orange & Black</p> 	<p>30 10:00 Exercise 10:00-11:00 Nailcare- Sign up *10:30 Coffee & Conversation 1:30 Bingo</p>	<p>31 10:00 Powerback Exercise *10:30 Coffee & Conversation 10:30 Communion- 4th FL 1:30 Social Hour ~ All About the Olympics  2:30 Bible Study *6:00 Apples to Apples- 3rd FL</p>	<p>*Denotes a resident led activity</p>		

July 2024

The Residence at North Ridge